




“How can we pray for you?”

“Would you please pray for my
thought life?”

- Ollie, 90-something saint



“Sow a thought and you reap an action;
Sow an act and you reap a habit;
Sow a habit and you reap a character;
Sow a character and you reap a destiny.”

- Ralph Waldo Emerson



Anger

Lust

Pride

Mindlessness

Temporal things

Pleasure-seeking

Grudges

Unforgiveness

Earthly kingdoms

“The lusts of the flesh, the lusts of the eyes, the pride of life”

THE DANGER OF LEAVING OUR MINDS UNGUARDED

Eve Genesis 3

Cain Genesis 4:2b-12

Achan Joshua 7:20-21

David 2 Samuel 11

Multiple examples in Proverbs, chaps. 1-7



THY KINGDOM COME:
MEDITATIONS OF THE HEART

Colossians 3:1-3

THE CONTEXT

2:6 You received Christ Jesus as Lord

2:9 You have been given fullness in Christ

2:10 You have experienced spiritual circumcision

2:11 You have been buried/raised with Christ

2:13 You were dead until God made you alive

2:20 In Christ, you are not of this world



As a result, our hearts and minds are to be on things
above, not on things of the earth.

”set your hearts on things above...
Set your minds on thing above...
For you died, and your life is now
hidden with Christ in God”



RAISING THE BAR

“Teacher, which is the greatest commandment in the Law?”

Jesus replied, “Love the Lord your God with all your heart and with all your soul and with all your mind.”

Matthew 22:36-37



WHAT 'THINGS ABOVE' LOOK LIKE

Psalm 19:14

Phil. 4:4-8

ROMANS 12:1-2

“Therefore I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God – which is your spiritual worship. Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is – His good, pleasing and perfect will.”

2 CORINTHIANS 10:3-5

A beautiful reminder that we have a role in keeping our minds on point. They are not helpless playgrounds for the Enemy...

Rom. 13:14 Make no provision for the flesh

Eph. 6:17 The helmet of salvation

Prov. 4:20-27 Guard your heart...