CATEGORIES OF PSALMS

Penitence (Nov. 15)
Praise and thanksgiving (Nov. 22)
Wisdom
Lament (Nov. 29)
Imprecation (Nov. 29)
Mixed themes

“Even if I caused you sorrow by my letter, I do not regret it. Though I did regret it – I see that my letter hurt you, but only for a little while - yet now I am happy, not because you were made sorry, but because your sorrow led you to repentance. For you became sorrowful as God intended and so were not harmed in any way by us. Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death…”

- Apostle Paul, 2 Cor. 7:8-10

MUSIC IN WORSHIP: GODLY SORROW IN SONG

Psalm 51

NOTE: David uses very descriptive language to describe his sin (transgressions, iniquity, sin, evil, etc.)

“My sin is always before me…”

“Surely I was sinful at birth…”

“Let the bones that you have crushed…”

“Have mercy…”

“Blot out my transgressions…”

“Wash me…”

“Cleanse me…”

“Hide Your face from my sins…”

PSALM 32

"When I kept silent my bones wasted away through my groaning all day long."

"…Your hand was heavy upon me. My strength was sapped as in the heat of summer."

PSALM 6

“Be merciful to me, LORD, for I am faint.”

“My bones are in agony. My soul is in anguish.”

“I am worn out from groaning; all night long I flood my bed with weeping and drench my couch with tears. My eyes grow weak with sorrows.”

PSALM 38

"Your arrows have pierced me, and Your hand has come down upon my body."

"There is no health in my body…My bones have no soundness"

"My guilt has overwhelmed me…"

"My wounds fester and are loathsome…"

See also Vss. 6-11

PSALM 102

"My days vanish like smoke; my bones burn like glowing embers. My heart is blighted and withered…"

"Because of my loud groaning, I am reduced to skin and bones."

"I lie awake… I eat ashes as my food and mingle my drink with tears."

"You have thrown me aside…"I wither away like grass."

PSALM 130

"Out of the depths I cry to You, O Lord; O Lord, hear my voice. Let Your ears be attentive to my cry for mercy.

If you, O Lord, kept a record of sins, O Lord, who could stand?

But with You there is forgiveness."

See Psalm 51:10-17

Create

Renew

Restore

Sustain